

## *The Rector's Visions*

As some of you know, I am grateful that I get to worship on Sundays with Rite I and with Rite II Eucharist services from our Episcopal Book of Common Prayer. Most often, I prefer the contemporary poetic language that brings me closer to God without having to go back four hundred years to an older way of speaking that is not every day. But there are things in the Rite 1 service that I still prefer. One of my favorite parts that I wish we had in the Rite II as well is the way very early in the service always hear the words of Jesus: Hear what our Lord Jesus saith: "Thou shalt love the Lord thy God with all thy heart soul and mind. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets" (BCP, p. 324).

It is encouraging for me to hear the Gospel/Good News focused into Love. For Jesus, to love God, our neighbor, and ourselves is the heart of all the scriptures. But the truth is, the words are simple enough, but we don't always know how to love like that. What does it really look like for a human being to love with all their heart, soul, and mind? What does it look like to love God?

You may recall that when Jesus said this, he was asked "who is my neighbor?" And Jesus' response was to tell a parable that we know as the parable of the Good Samaritan. The good man is a Samaritan, a despised "foreigner" for many Jews of Jesus' day. He finds a man in need on the side of the road and goes out of his way to help him. It must have been an answer that was hard to swallow. Not only was the neighbor in need someone broken in desperate need and completely unknown, but the one who showed God's love was not a good Jew at all, but a despised Samaritan.

What do Jesus' words mean for you? How do you live that out? How much time do you give to God in order to love God with all that you are? How do you love like the Good Samaritan? It is all, in some way, beyond us, isn't it? We can't love that much on our own. But the more we seek to love with prayer and giving of ourselves, the more that love surrounds us, enriches our lives, emboldens us to love beyond ourselves.

We see it in God's Torah (the books of Moses, the "Law"). And we see it in the prophets who are always seeking for the wholeness for all God's people, calling people to integrity and love when they fail. May God and the world see it in you and in me.

God's Peace,

*Gary+*

## **Lenten Retreat Saturday, March 8th**

How do we get to Resurrection? What does it mean to celebrate Easter? How do we make it through the times when we are broken, hurt, or when the world seems ready to explode with a hopefulness that comes from God's love and peace? We will offer a chance for you to begin your Lenten journey of 40 days with a time of prayer and meditation on Saturday, March 8th, from 9:30 AM until 12:30 PM. This time is made available at Kingston Parish House for all our church members regardless of age or ability. There will be times when Gary will offer brief meditations and prayers and times for us each and all to go off in silence to write, walk, rest, or pray. You may wish to bring a journal to write in or a scribble pad. We will begin at 9:30, so try to come a bit early if you want to catch some coffee. If you can't come for the whole morning, you are welcome to come for whatever time you can. Just be sure to honor the silences when folks are being silent. If you have any questions, check with Fr. Gary.

# Soup With Love



**Wednesdays, March 12-April 9**

We invite you to come for  
delicious homemade soups and breads, warm  
fellowship, prayer and a meditation for Lent.

Wednesdays at Noon  
Kingston Parish House

## Schedule 2025

March 12 - The Rev. Coleman Tyler  
(retired Anglican priest)

March 19 - The Rev. Angie Hoen  
(Mathews Chapel)

March 26 - The Rev. Kristie Askew  
( Grace-Providence, Emmanuel and  
St. Matthew United Methodist Churches)

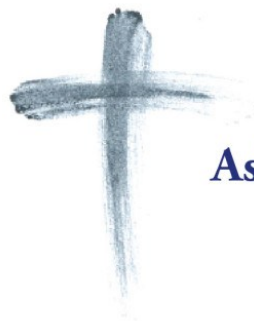
April 2 - The Rev. Gary Barker  
(Kingston Episcopal Parish)

April 9 - The Rev. Dede Parrish  
(St. Paul's Church, Susan)



370 Main Street, Mathews, VA 804- 725 2175  
[www.kpepiscopal.org](http://www.kpepiscopal.org)

Sponsored by the Kingston Parish Women  
All donations will benefit outreach initiatives for Mathews



**Ash Wednesday**  
— Lent Begins

## Lent Begins March 5

On Ash Wednesday we will have a Noon Imposition of Ashes and Holy Eucharist service at Christ Church and a 7 PM service in Kingston Chapel.

## Soup With Love

As you see on the flier to your left, Soup With Love begins Wednesday, March 12th. Our own Kingston Parish Women are responsible to make the soups and breads each week and to help with set-up, serving and clean-up.

The KPW met February 26th and began sign ups for each week. There are slots available if you were unable to make the meeting. Contact the office (804-725-2175) or Kelsey Desmond (804-366-0250) if you would like to participate in any way.

If you are experiencing long-term illness or are homebound for any reason and would like to receive soup each week, please contact the office and we will deliver soup and bread to you either Wednesday afternoon or Thursday morning.

## Easter Lilies

Sign up sheets are located at both services for lilies, or you may call the office and Karen will sign up for you. Please list the names of those the lilies are given in memory or in honor of. The lilies are \$15 each. Makes checks payable to Kingston Parish with "Lilies" in the memo.

## Flower Chart at Christ Church

Those attending the 8:00 AM service are encouraged to sign up on the flower chart in the Narthex if you would like to give flowers one Sunday in memory or in honor of someone special to you. The months of April 27 through November 23 are available.



The Celtic Service is a favorite for many. Love the inclusion of young and old! Thanks to Martha Ellen Traband for these pictures.



Episcopal Church Women present  
**“The Desert Shall Rejoice:  
 Hope in Troubling Times”**  
 A Lenten Retreat with Bishop Goff



**Wednesday, March 19**  
**9:00 a.m. - 2:00 p.m.**

*Grace & Holy Trinity Church*  
 8 N. Laurel Street, Richmond, VA 23220

On Wednesday, March 19th, the Diocese of Virginia Episcopal Church Women (ECW) will host a diocese-wide Lenten Retreat with Bishop Susan Goff at Grace & Holy Trinity Church (GHTC). This gender inclusive retreat begins with a fellowship hour at 9:00 a.m. The full agenda can be found below. To attend this event, either in-person or via livestream, register by emailing Catherine Perrin at [catherineperrin@comcast.net](mailto:catherineperrin@comcast.net) with the names of those attending, your church's name, and your email address. **The deadline to register is Friday, March 14th, 2025.** Indicate if you will be attending in-person or watching via livestream. Those who are attending via livestream will be sent the link prior to the event. While this event is being offered without charge, donations are greatly appreciated to defray its cost and add to the ECW Gifts and Scholarship Fund. *Please mail all donations to Karon Austin, 7319 Willson Road, Henrico, VA 23231.*

## Shrine Mont Celebrates

*On August 6, 1925 Bishop William Cabell Brown consecrated the Cathedral Shrine of the Transfiguration in Orkney Springs, VA as the cathedral of the Episcopal Diocese of Virginia and began the journey for what we now know and love as Shrine Mont.*

In the coming months Shrine Mont will mark their centennial anniversary with several events in the diocese and at Shrine Mont with the culmination of the celebration of 100 years on August 6, 2025.

Other Events scheduled:

**March 2: Transfiguration Sunday**—Diocesan wide Shrine Mont Centennial recognition  
 On this Sunday, when we read the Gospel lesson about the Transfiguration of Jesus on the Mount, we will also say a special Collect for the Mountain of Shrine Mont.

**April 12: Shenandoah County Heritage Day** at Shrine Mont

**April 25: Shrine Mont Camps** open.

**July 4-6: Homecoming Weekend**

**August 6: Celebration of the 100th anniversary of the consecration of the Cathedral Shine of the Transfiguration**

Please visit [shrinemont.com/our-100th-anniversary](http://shrinemont.com/our-100th-anniversary) for more information and to participate.

## Readers Needed for Palm Sunday and Good Friday

We will need readers for The Passion readings on Palm Sunday (April 13) from the Gospel of Luke, and on Good Friday (April 18) from the Gospel of John. Call the office and let Karen know you are willing to participate, 804-725-2175 or [kingstonparish@verizon.net](mailto:kingstonparish@verizon.net).

## Daylight Savings Time Begins March 9th



**SPRING FORWARD**  
 Set your clock an hour ahead

## Parish Prayer List

### Pray For Our Parishioners

Joe Bridgforth for Normal Pressure Hydrocephalus (NPH) (by Debbie Lambert)  
 Johnny Brown for healing of his leg and melanoma (by Becca Brown)  
 David Faber for Parkinson's (office)  
 Paul Gibson for Multiple System Atrophy (by Jan Mohr)  
 Kippy Gilbert recovering at home (office)  
 Amanda Gregg for cancer (by Carole Gregg)  
 Nina Guy having physical therapy at home (office)  
 Nancy James for back issues (office)  
 Signe Langschultz residing at Heron Cove in Gloucester (office)  
 Allan May for thyroid issues (office)  
 Donna Power at Mathews Rehabilitation Center (office)  
 Jim Richards for cancer of left lymph node (office)  
 Martha Story for recovery from surgery (office)  
 Sandy Warren for Alzheimers (office)  
 Mary Dabney Webster recovering from a fall (by Trish Reed)

### Pray For Our Family and Friends

Sandy Ambrose for cancer (by Vicki Carter)  
 Tom Bailey (by Pat Dickey)  
 Brianna Barnhart for a thyroid nodule (by Sally Bridgforth)  
 Tom Caldwell for auto accident (by Mary Ann Carr)  
 Viv Campbell for lymphoma (by Lori Black)  
 Jeri Carney for neck surgery (by Josie Thorpe)  
 Grace Cipriano for a blood disorder (by Rosemary Eaton)  
 Henry Clark Sr. for pneumonia (by Mairi Furniss)  
 Gary Collins for chronic pancreatitis (by Jay Black)  
 Kate Daniel (by Josie Thorpe)  
 Lee and Debbie Dawson (by Terry Messer)  
 Donna Drumel for lung cancer (by Wendy Super)  
 David Eaton (by Rosemary Eaton)  
 Walker Linden Ford-5 yrs. old, blind in one eye (by K Yent)  
 Brianna Friend for thyroid cancer (by Marti Bowen)  
 Peter Furniss for return of Lymphoma (by Mairi Furniss)  
 Wendy Gay for cancer (by Kathy Yent)  
 The Gibson family (by Josie Thorpe)  
 Helen Graves for congestive heart failure (by P. Gibson)  
 Bobby Griffith for acute vascular disease (by Berni LaCasse)  
 Liz Grissom for cancer (by Marti Bowen)  
 Wanda/Woody Hailey (by Gay Butler)  
 Linda Hawkins for return of cancer (by Rosemary Eaton)  
 Elizabeth Hayward for dementia (by Carol Swartz)  
 Dick Hellier for lung cancer (by Kathy Yent)  
 Nicole Carzo Hill for spinal edema (by Barb VanOver)  
 Tom Holaday for lung issues/transplant (by Marti Bowen)  
 Bonnie Hook for spreading cancer (by Rosemary Eaton)  
 John Hopkins for dementia (by Mairi Furniss)  
 Aubrey Hudgins (by Al Hudgins)  
 Emily Hurlocker for ovarian/lung cancer (by Kathy Yent)  
 Marie Hurst for lymphoma (by Jan Mohr)  
 John Hutson for cancer (by Marti Bowen)  
 Ginny Johnson for a stroke/seizures (by Shirley Holler)  
 Johnson family for father with dementia (by Marti Bowen)  
 David Kendrick for bladder cancer (by Reed Lawson)  
 Bill King for lymphoma of CNS (by Mairi Furniss)  
 Ashley Kirschner for illness (by Ron James)  
 Donna Lang for return of cancer (by Nan Cross)  
 Joy Long (by Jan Mohr)

## March Birthdays

Jan Mohr	4
Lori Black	5
Mairi Furniss	6
Martha Story	6
Jan Carlson	10
Carole Gregg	11
Donna Jemmison	15
Beade May	17
Vicki Carter	21
Adele Pogue	23
Paige Morris	23
Bill Leary	24
Jay White	25
Paul Gibson	26
Bob Lewis	26
Luke Morris	26

## Serving in the Military First Responders or Diplomatic Corps

Colin Bucknor  
 Yvette Gaither  
 Carly Harmon  
 Nicholas Hobert  
 Chris Ivy  
 Joe Kraynak  
 Megan Kraynak  
 Joey Purdue  
 William Story Scarlett

Phil Long for spinal stenosis (by Shannon Hutchings)  
 Crystal Mann for cancer (by Lynn May)  
 Samantha Martin for a liver transplant (by Kathy Yent)  
 Helen Young Massingill (by Gay Butler)  
 Ashley Callis McBurney for cancer (by Nan Cross)  
 Walt McLaughlin for pancreatic cancer (by Reed Lawson)  
 Keith Morgan for prostate cancer (by Josie Thorpe)  
 Lou Ann Newman for malignant brain tumor (by K. Yent)  
 Ruby Parker for brain tumor (by Rosemary Eaton)  
 Elizabeth Perkins for brain tumor (by Pat Elliott)  
 Cora Lee Phillipps for heart attack (by Deirdre McElroy)  
 Carolyn Piercy for cancer (by Mary Ellen Stimson)  
 Callie Pinnick, 15-yr.-old in auto accident (by V. Carter)  
 Jessica Rigsby for breast cancer (by Shannon Hutchings)  
 Tom Robinson (by Josie Thorpe)  
 Barbara/Hank Schlechter (by Gay Butler)  
 Susan Shames for cancer (by Martha McCartney)  
 Dawn Simmons for cancer (by Valerie Lewis)  
 Tiffany Taylor for Chron's Disease (by Josie Thorpe)  
 Ed Tillett for cancer (by Kathy Yent)  
 Mary Van House for stroke/surgery (by Mary Ann Carr)  
 Willis Ann Ward for stroke (by Marti Bowen)  
 Punthada Wetsuwan for meningitis (by Rosemary Eaton)  
 Betty Williams for lung cancer (by Mary Chapman)  
 Jackie Wilton for cancer (by Liz Wilton)  
 Louise Witherspoon for stroke (by Pat Dickey)  
 Catherine Worley for breast cancer (by Gay Butler)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 <i>Last Epiphany</i> 8 am HE I-CC 10:30 HE II-KC	3 9 am Counters-L	4	5 12 pm Imposition of Ashes and HE-CC 3 pm Choir-CC 7 pm Imposition of Ashes and HE-KC	6 7 pm AA-PH	7	8 9:30-12:30 Lenten Quiet Day <i>Spring Forward!</i> <i>Daylight Savings Time begins tomorrow.</i>
9 <i>1 Lent</i> 8 am HE I-CC 9:25 Men's SS-PH 10:30 HE II-KC	10 9 am Counters-L	11	12 12 pm Soup With Love -KC 3 pm Choir-CC	13 4 pm Gary+ Zoom Mtg. w/Colleagues	14 Parish House Great Room/Kitchen reserved for Museum Set-up	15 Mathews Museum St. Patrick's Day Dinner-PH
16 <i>2 Lent</i> 8 am HE I-CC 9:25 Men's SS 10:30 HE II-KC 5:30 pm Celtic Service-KC	17 9 am Counters-L	18	19 12 pm Soup With Love -KC 3 pm Choir-CC 5:30 pm Vestry Mtg.	20 CRIER DEADLINE 2 pm Preaching Guild at Apostles' Lutheran 7 pm AA-PH	21 1:30 pm DAR-PH	22
23 <i>3 Lent</i> 8 am HE I-CC 9:25 Men's SS-PH 10:30 HE II-KC	24 9 am Counters-L	25 4:30 pm Mathews Historical Society Mtg.-L	26 12 pm Soup With Love -KC 3 pm Choir-CC	27 7 pm AA-PH	28	29
30 <i>4 Lent</i> 8 am HE I-CC 9:25 Men's SS-PH 10:30 HE II-KC	31 9 am Counters-L					

Kingston Parish  
PO Box 471  
Mathews, VA 23109  
Address Service Requested

**KINGSTON PARISH**

P. O. Box 471  
Mathews, VA 23109  
804-725-2175

www.kpepiscopal.org  
kingstonparish@verizon.net

**In The Diocese of Virginia and  
the Upper Tidewater Region**

The Rt. Rev. Mark Stevenson, Bishop  
The Rt. Rev Gayle Harris, Assisting Bishop

**The Very Rev Gary Barker, Rector**  
(757)371-9382; barkergaryj@gmail.com

**THE VESTRY**

Senior Warden	Marti Bowen
Junior Warden	
Auditor	Judy Sowden
Communications	Lois Biddison
Evangelism/Alternate Delegate	James Eaton
Outreach Warden	Pat Dickey
Serving At Large	Mike Miskovsky
	Kelsey Desmond
	Kim Hartlove
	Allan May
Treasurer	Wendy Super

**TRUSTEES**

Vicki L. Carter Timothy W. Hudgins Valerie Lewis

**DIOCESAN COUNCIL AND  
UPPER TIDEWATER REGION**

Jim Husband, Lay Delegate  
James Eaton, Alternate

**STAFF**

Karen Jones	Parish Administrator
Vicki Carter	Bookkeeper

**WORSHIP SCHEDULE**

**Sunday**

8:00 a.m.	Holy Eucharist Rite I at Christ Church
10:30 a.m.	Holy Eucharist Rite II at Kingston Chapel

**Wednesday**

12:00 p.m.	Midweek Eucharist in Meditation Chapel in the Parish House
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**Celtic Services**

5:30 p.m.	One Sunday a month
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