

KINGSTON CRIER

MARCH 2019

P. O. Box 471
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March 10th

The Rector's Visions

The famous early poem The Canterbury Tales by Geoffrey Chaucer begins by speaking of how the coming of spring brings with it the call upon many to make pilgrimage. About 250 years later, John Bunyan wrote the great Puritan work Pilgrim's Progress about how the journey of a Christian is like a pilgrimage. And here at Kingston in Mathews, this Lent, this Spring, pilgrimage is in the air.

While there are no great literary works about it, Lent is a pilgrimage, a journey for us from ashes through testing and challenge to Holy Week's triumphs and harts, the cross and, finally, the empty tomb. Our Lenten retreat this year will focus on the way we pilgrim through the 40 days of Lent with Jesus in the Wilderness in order to find life and new ministry on the other side.

For some of us, there will be another pilgrimage in May, journeying physically to the holy places of Iona, Durham, and Lindesfarne in Britain. The pilgrims on this journey are already on their pilgrimage, learning about the faithful people that make these places holy. And when they return, these pilgrims will bring the holy relics of their journey, the wisdom and visions of their pilgrimage to share with all of us in the parish.

Then in September, we will begin a larger and longer pilgrimage -- as the pilgrims of Kingston Parish and I, your rector, begin our journey of Sabbatical. I will be travelling away from you all for three months. And you will be travelling -- in prayer, worship, ministry -- without me. As Sabbatical begins, we will have travelled together for about 6 ½ years, so going without one another is going to be a sort of wilderness journey. Yet we all hope that this wilderness will prepare us for a deeper and truer ministry when we gather back to-

gether at the beginning of Advent. While on our Sabbatical pilgrimage, we will focus on what it means to be Christian friends to one another and to all. As I have shared with you all before, I am alternately excited and terrified of these three months as pilgrims on sabbatical. Where will the journey lead us? What will our relationship, our friendship, as priest and congregation look like when we return together in December? One part of this journey has become less fearful for me, for I now know who will be here with you all when I am away! The Rev. Jen Kimball will be with you for September, October, and November. She will serve as priest on Sundays and be available for a little office work, possibly some teaching, and pastoral care for about two days a week. Many of you will know Jen. She has served on a couple Sundays when I have been on vacation in the past. She lives locally, barely across the border of Mathews in Gloucester, with her husband, the Rev. Sven van Baars, rector of Abingdon Church. Jen is a trained interim rector and Education for Ministry mentor. She was ordained to the Episcopal priesthood in 2005. I have known Jen and Sven since I was ordained a deacon back in 1990! Jen has served churches, church schools, and diocesan summer camps in both our Diocese of Virginia and our neighbor, the Diocese of Southern Virginia. I know my beloved pilgrims of Kingston will be in good hands with her spiritual leadership and loving care for all.

A pilgrimage starts with a first faithful step. I am so grateful to be traveling not only holy ground but with you all, the holy pilgrims of Kingston! Onward into our Lenten Pilgrimage and beyond!

God's Peace,

Gary+

Celtic Evensong and Eucharist March 3 at 5:30 PM

Come and enjoy the beauty and serenity of our next *Celtic Eucharist* with its lighted candles, prayers, scripture and beautiful Celtic music and hymns. The musical duo, Spencer and Beane, will perform traditional Celtic pieces throughout the service. All present will have the opportunity to light candles as a symbolic reminder of their prayers. The liturgical forms and prayers used will be from a variety of sources and instead of a traditional sermon, there will be a brief reflection by Father Gary near the beginning of the service.

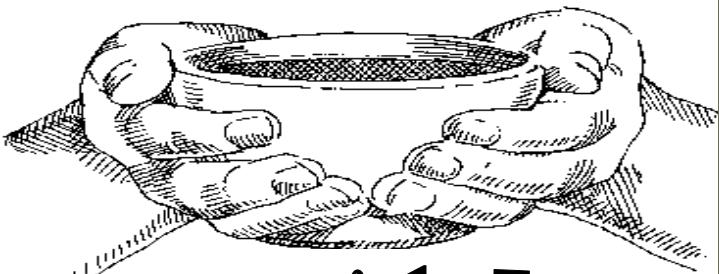
Lenten Retreat

Saturday, March 9, 2019
9:30 a.m. – 2:30 p.m.
Kingston Parish Chapel

The holy season of Lent offers each of us the opportunity to join Jesus in the wilderness. For 40 days and nights, Jesus wandered alone, a pilgrim on a journey. But unlike most pilgrims, he had no particular destination, nowhere to go. Yet, strengthened by his faith and his love for his Father, he did arrive. He was both “nowhere” and “now here” at the same time.

Our Lenten Retreat invites you to take a journey into the wilderness and explore your relationship with God. Like Jesus, you will be a pilgrim without a destination. Yet, through self-reflection and by opening to God, you will arrive. During the day, there will be time for silence, prayer, scripture, poetry, sharing, and walking the labyrinth. A simple lunch will be provided.

Please contact the church office if you plan to attend. Also, contact Gary if you have any questions.



Soup with Love

Five Wednesdays beginning March 13th

We will begin at Noon with a short service led by Fr. Gary to include homilies given by Mathews clergy.

Join us for a delicious meal of homemade soups and breads.

There is no charge for this meal; donations will be used to support the Mathews community.

Sponsored by the Kingston Parish Women

Ash Wednesday March 6th

Ash Wednesday begins our Lenten season. We will have two services: one at Noon at Christ Church and one at 7:00 PM at Kingston Chapel on March 6th.

Pancake Supper for Breakfast March 3rd

Even though Shrove Tuesday is actually on March 5th, we will be having our Pancake Supper for breakfast March 3rd. Our church youth and the Scouts will make sure no one goes away hungry, with pancakes, sausage, fruit, juices and coffee. Serving times will be after both Sunday services in the Parish House. Money donations are accepted.

PANCAKE SUPPER



International Dinner March 16th

On Saturday, March 16th, at 5:30 PM, we will have an *International Dinner*. This event will give us all the opportunity to share food and information from countries around the world that have special meaning. Whether it is your heritage, a place you once lived, or a place you have visited, you will share a taste of culinary delight from your chosen country.

We will eat buffet style; we welcome appetizers, main dishes and desserts. It is our hope that each of you will bring a dish or two to share so that we all might experience and enjoy a taste from your country. We also hope that you will provide recipes for each dish and be prepared to tell us a little about your connection to that part of the world. This will be an evening of fellowship, education and epicurean delight.

If you've never been anywhere and don't have a family recipe that is particularly exotic, please come anyway and bring a favorite dish to share. The International theme was an idea of Anita Minuth's that had to be cancelled last year and we want to give it a try. Please contact Shannon Kirschbaum with questions, (804)725-5966.

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Fifth Sunday Service March 31st at Christ Church, 10:30 AM

Diocesan Listening Session

March 4 at St. Margaret's School

Listening Sessions are being made available around the diocese for us to visit with our bishops and other diocesan leaders and share our heart-felt desires for our Diocese and for our future Bishop. The one closest to our area will be held on Monday, March 4th from 3-5 PM at St. Margaret's Episcopal School in Tappahannock. This will preempt our Monday class.

If you are unable to attend, this same session will be broadcast via Facebook Live. If you are interested in attending and would like to carpool, contact the office or Fr. Gary.

Easter Lilies at Christ Church

Mairi will keep the Easter Memorial list the same as last year unless she hears differently. If you wish to have a loved one added to the memorial list, please email Mairi at scotslass6@gmail.com with the names you wish to be added. Lilies are \$18 each. Payments are to be made to Kingston Parish with memo for "CC Easter Lilies."

Easter Lilies at Kingston Chapel

A clipboard will be available during the month of March in Kingston Chapel to sign up for lilies in memory or in honor of a loved one.



Lenten Prayers At The Labyrinth

Lent is a Holy season. In this time of preparation for Easter, we are called to simulate Jesus's withdrawal into the wilderness through self-denial, reflection and prayer, all of which help bring us closer to God.

We invite you this year to include the Labyrinth in your Lenten observance. As part of your Lenten prayer discipline, you might want to make a commitment to walk the Labyrinth each week during Lent. The Labyrinth is a circuitous path, leading from the entrance to the center and back out again. This prayer path symbolizes a journey into your inner-most being, offering an opportunity for contemplation, meditation and self-reflection. It is actually a prayer in action.

A different meditation, written to guide you on your Lenten Labyrinth walks, will be available every Wednesday, beginning with Ash Wednesday. The meditations will be placed in the little bird house next to the Labyrinth's entrance. Why not walk the Labyrinth before or after *Soup With Love*? Or, any other time during the week! You might think of your walk as a symbolic pilgrimage into the wilderness, into a place where you can experience being in the desert with Jesus during this Holy season.

Preschool News

Hello everyone! It has been a few months since you've had an update-- I know. Everything has just been so busy with the holidays and the start of our new semester. We have added three new students to our group, making it an even fifteen children all together. In addition to our new friends, we have had so many adventures. We had a police officer visit, we've taken a field trip to the post office, and we even had a very exciting Valentine's day party. In the midst of all our fun, we remain ever grateful for the parish, and all those who help make what we do here possible.

We are asking for donations as always of meat trays, which we use for our many projects! In addition, if you're interested in making other donations, we could always use any form of art supplies. Glue or markers are always much appreciated.

I hope everyone has had a lovely beginning to their new year and that it continues to be blessed.

Rachel Musick
Director, Kingston Parish Preschool



Spring Clean - Hygiene Drive

Mathews Social Services is asking for our help in collecting hygiene items in March for distribution to those with limited income. Items needed

Shampoo/conditioner
Soap/body wash
Feminine products
Deodorant
Toilet paper

toothbrushes/toothpaste
razors/shaving cream
brushes/combs
powder/lotion
wipes

Items may be left on the pew just inside the front doors of the Parish House. Thank you!

Kingston Parish Women

Thank you to those brave souls that ventured out last Saturday in the rain to join us for our annual KPW Planning Luncheon. Cindy Machen and Lynn May served up a fiesta feast of Chicken Enchiladas with Rice, a sunny salad, and the most amazing margarita pie! Huge thanks for the delicious food and amazing fellowship.

After a good discussion of county needs and priorities, we have decided to use the SWL 2019 proceeds to support the following organizations:

- Hands Across Mathews
- MVRS (to be applied on a need basis for those county residents who can't cover costs)
- Mathews/Gloucester Care Clinic (Dental program preference)
- Mathews County Scout Pack & Troop 124

The sign up sheets for Soup With Love were made available, and we have started to fill slots for each of the five sessions. Please call me if you can help out. We need 12 gallons of soup each week - 4 different soups, and about 8 different breads or small rolls. Call or email with any questions.

Thank you for your endless generosity for this wonderful ministry.

Berni LaCasse

GUEST Program Report

I was privileged to work at the GUEST (Gloucester United Emergency Shelter Team) program at Abingdon's Parish Hall on Friday, February 8th. Operating from late fall through the winter, about 17 churches provide a pallet, supper and breakfast for its GUESTs. The churches take one or two turns each cold season, and the host church must get many volunteers to handle four shifts every day for a week. As I had the 5:00-7:30 am shift with two others, we were responsible for breakfast, clean up and checking out our visitors. Such a humbling experience it was to see twelve homeless Gloucester people, two of whom were a mother and her 6 month old baby. Also present were a father and his five year old son. While it was sad to witness their poverty, I felt good being able to help in a small way. Please try to volunteer next time Abingdon is the host. You will be glad you did.

Nina Guy

Vestry Notes

February 18, 2019

- Vestry members signed the Vestry Declaration Page.
- Minutes from January 21, 2019 were approved.
- The Treasurer's Report for January was approved.
- St. Thomas Anglican is interested in worshiping in the Trinity Church building. Much work needs to be done, and Fr. Gary is in communication with their rector.
- Josie Thorpe has had a request to change the cemetery rules, which, once revised, will need vestry approval.
- The vestry discussed their responsibilities and those present chose the following:

Senior Warden	Valerie Lewis
Communications	Rachel Morris
Outreach	Mary Kathryn Diggs
Hospitality	Jackie Ingram
Christian Formation	Marti Bowen
Worship	Ray Stubblebine
Preschool Liaison	Jan Mohr
Fellowship	Shannon Kirschbaum

Hunt Thompson will meet with Gary when he returns to choose his area of responsibility.

- The Parochial Report was approved.
- The vestry retreat will be March 16th at Rappahannock Westminster-Canterbury.
- The Celtic pilgrimage is May 12-24.
- Gary's sabbatical is September through November. A part-time clergy person will be hired for this time.
- The Baptized For Life team will have their final workshop March 7th.

Save the Date for the Wabington Shrine Mont Retreat July 26-28

GUEST Program Thank You

Dear Kingston Parish

Jan. 22, 2019

On behalf of the Board of Directors of the Gloucester United Emergency Shelter Team (GUEST) I would like to thank you for your generous donation of \$283. Donations like yours help us to continue our program to provide shelter, warm food and a safe environment to homeless adults and families in our community.

(This donation refers to the offering collected at our Wabington Epiphany service and bonfire January 6th.)

Outreach Thank You's

From Virginia Cooperative Extension (4-H):

Mathews County 4-H would like to thank you for your continued support of our program. With your generous donations of scholarship money and the use of your building for our Cloverbud Camp we are able to better serve the youth of our community. Thank you, Rachael W. Morris

From Bay Aging:

On behalf of the Bay Aging Board of Directors, staff, volunteers and most especially, the people we serve, we thank you for your recent \$1,500 gift to benefit the Meals on Wheels program in Mathews County. Seniors who are in the Meals on Wheels program report better health and are less likely to worry about being able to continue to live at home when they receive meals and friendly visits.

Kathy Vesley, President and CEO

From Gloucester-Mathews Care Clinic:

Because of you, the Clinic continues to thrive and provide compassionate care to those in Gloucester and Mathews who need us most. For every dollar donated to the Clinic, we provide over \$5 in on-site health care and an additional \$6 in healthcare through referrals to our healthcare partners—a wonderful return on investment!

Arlene Armentor, Executive Director

From the Avalon Center:

Avalon works to end domestic and sexual violence through education, prevention, shelter and support services. Each year we assist more than 1,500 people in our community—more than half of those children—who find safety, heal, and learn life skills for healthy relationships.

Teresa Christin, Executive Director

From the Gazette-Journal:

The goals of the Gazette-Journal program include encouraging students to develop their reading ability, increase their social awareness, enrich their civic education, and so much more. Your continued support helps to make this program possible.

Thank you, Carolyn Rowe

Parish Prayer List

Pray For Our Parishioners

Paul Gibson for heart issues (by Jan Mohr)
 Bill Higdon for heart issues (by Jane Cargill)
 Peggy Hudgins for pulmonary fibrosis (office)
 Richard Jones for Afib (office)
 Suzy Jones for treatment of infection in vertebrae (office)
 Martha Anne King for cancer (by Mary Chapman)
 Martha Knight (office)
 Cheryl Lampert for broken ankle (office)
 Deirdre McElroy for cancer (office)
 John Page Rawlings for prostate cancer (by Becky Mayfield)
 Susan Rawlings for cracked pelvis from severe fall (by Becky Mayfield)

Pray For Our Family and Friends

Don Altman for lung cancer (by Bill Leary)
 Traci Beck for thyroid cancer (by Marilyn Overstreet)
 Cheryle Brown for lung cancer (by Sylvia Shinault)
 Peggy Carr for breast cancer (by Gay Butler)
 Nancy Chiafulio for two brain tumors (by Martha Knight)
 Larry Clerico for aggressive cancer (by Kathy Yent)
 Terry Dobson for brain surgery (by Lynn May)
 Nancy Donnelly (by Kathy Yent)
 Mary Doyle for hydrocephalus (by Valerie Lewis)
 Krystal Elms for stage 4 lunch cancer (by Mairi Furniss)
 Glenda Flippin for ovarian cyst (by Jay Black)
 Nan Fooks for breast cancer (by Sally Bridgforth)
 Walker Linden Ford for Surge-Weber Syndome (by Kathy Yent)
 Barbara Fumagalli for overall poor health (by Mary Kathryn Diggs)
 Taylor Wells Gearhart-for myaconic dystrophy (by Nina Guy)
 Doris Gibson for shingles in her eye (by Paul Gibson)
 Kendell Gleason for serious medical condition (by Jim Husband)
 Pat Graveline for colon/liver cancer (by Joe Mereness and Richard Scott)
 Janet Griffin for cancer (by Valerie Lewis)
 Suzanne West Guy for Parkinsons (by Nina Guy)
 Alex Hamilton (sorry, can't remember why or who put on—help!)
 David Hawkins for complications from diabetes (by Rosemary Eaton)
 Linda Hawkins for mass on spine (by Rosemary Eaton)
 Ron Hoover for cancer (by Lisa White)
 Charlie Johnson+ for Congestive Heart Failure (office)
 Susan Kensey (by Shannon Kirschbaum)
 Georg Kidd for a neuro-muscular disease (by Kathy Yent)
 Lori Kincade for blood cancer (by Shannon Kirschbaum)
 Terry King (by Mary Ann Carr)
 Andrea Krause for breast cancer (by Gay Pfister)
 Brian Lucy for a blood disorder (by Kathy Yent)
 Charlotte Martin - Multiple Systems Atrophy (by E. Brown)
 Elizabeth McIntyre for AML (by Eleanor Woppard)
 Michele Meanley for cancer (by Kathy Yent)
 Linda Monk for metastatic lung cancer (by Kathy Yent)
 Jack Mullen for lung cancer (by Bill Mullen)
 Kathy Nelson for pulmonary fibrosis (by Kathy Yent)
 Kay Nissen for brain tumor (by Jan Mohr)
 Bob Oberman for cancer (by Betty Salley)
 William Anne Pamplin for cancer (by Reed Lawson)
 People of Nicaragua (by Doug Geddes+)

March Birthdays

Jan Mohr	4
Lori Black	5
Jane Cargill	6
Mairi Furniss	6
Erik Provenses	6
Martha Story	6
Carole Gregg	11
Morris Busby	15
Donna Jemmison	15
Vivian Quinlan	15
Beady May	17
Carrie Poe	17
Vicki Carter	21
Paige Morris	23
Adele Pogue	23
Bill Leary	24
Jay White	25
Paul Gibson	26
Luke Morris	26

Serving in the Military or Diplomatic Corps

Jody Bridgforth
Colin Bucknor
BJ Cavazos
Shawn Davis
Yvette Gaither
Joe Kraynak
Megan Kraynak
Hib McNeilly
Joey Plotino
Jennifer Schmidt
Zach Schmidt
George Truscott
William Truscott

Elizabeth Perkins for brain tumor (by Pat Elliot)
 Deborah Phillips+ for Crohn's Disease (by Betty Salley)
 Stefanie Powers (by Lisa McCann)
 Connie Richardson for surgery (by Kathy Yent)
 Norris Richardson for Parkinsons (by the Warrens)
 Erin Robertson for AA neuropathy (Warren)
 Mark Robins for brain cancer (by Tom Ingram)
 Gary Wayne Sadler (by Josie Thorpe)
 Walt Sampson for cancer (by Reed Lawson)
 Ginger Shackelford for Hodgkins lymphoma (Kathy Yent)
 Rosie Small for cervical/uterine cancer (by Gay Pfister)
 Marsha Threlkeld for breast cancer (by Debbie Lambert)
 Joe Tomlinson (by Josie Thorpe)
 Harry Ward for brain tumor (by Jay Black)
 Jennie Whittle for return of cancer (by Mary Chapman)
 Catherine Worley for breast cancer (by Gay Butler)

March

vins

Mon

True

Wed

Thu

Fri

Sat

3 <i>Last Epiphany</i>	4	5 <i>Shrove Tuesday</i>	6 <i>Ash Wednesday</i>	7
8 am HE I-CC 9:15 am SS-PH 10:30 HE II and Baptism Service-KC Pancake Breakfast 5:30 pm Celtic service-KC	8 am Counters-L	12 pm Imposition of Ashes and HE I-CC 7 pm Imposition of Ashes and HE II-KC	3 pm Choir-CC 7 pm BFL Workshop-L 7 pm AA-PH	8
10 <i>Lent</i>	11	12	13	14
DAYLIGHT SAVINGS TIME BEGINS	8 am Counters-L	12pm Soup w/ Love-KC	3 pm Choir-CC	15
8 am HE I-CC 9:15 am SS-PH 10:30 HE II-KC	6 pm Cub Scouts-PH 7 pm MCCMA-L		1:30 PM DAR-PH	16
17 <i>2 Lent</i>	18	19	20	21
8 am Counters-L	8 am Counters-L	12pm Soup w/ Love-KC	3 pm Choir-CC	22
6 pm Cub Scouts-PH 7 pm Celtic Pilgrimage Mtg. at M. Chapman's	6 pm Cub Scouts-PH 7 pm Celtic Pilgrimage Mtg. at M. Chapman's	CRIER DEADLINE	7 pm Mariners Maritime Museum Appreciation Dinner-PH	23
24 <i>3 Lent</i>	25	26	27	28
8 am HE I-CC 9:15 am SS-PH 10:30 HE II-KC	8 am Counters-L	12pm Soup w/ Love-KC	3 pm Choir-CC	29
31 <i>4 Lent</i>		7 pm Maritime Foundation Meeting-PH		30
9:15 am SS-PH 10:30 HE II-CC				

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In The Diocese of Virginia and the Middle Peninsula Region

The Rt. Rev. Susan E. Goff, Bishop Suffragan
The Rt. Rev. Robert Ihloff, Bishop Associate

The Rev Gary Barker, Rector

Phone: 757-371-9382 Email: barkergaryj@gmail.com

THE VESTRY

Senior Warden	Valerie Lewis
Christian Formation	Marti Bowen
Communications	Rachel Morris
Fellowship	Shannon Kirschbaum
Hospitality	Jackie Ingram
Outreach	Mary Kathryn Diggs
Preschool Liaison	Jan Mohr
Worship and Spirituality	Ray Stubblebine
Tom Reed	Hunt Thompson
Carol Swartz	Treasurer
	Recorder

TRUSTEES

Vicki L. Carter Timothy W. Hudgins John Machen, Sr.

DIOCESAN COUNCIL & REGION II

Mary Chapman, Lay Delegate
Reed Lawson, Alternate

STAFF

Eleanor Woppard
Lois Trowbridge
Karen Jones
Vicki Carter

Director of Music
Organist
Parish Secretary
Bookkeeper

KINGSTON PARISH PRESCHOOL

725-3211

Rachel Musick Preschool Teacher
Lily Poulson Extended Care Teacher

WORSHIP SCHEDULE

Sunday
8:00 a.m. Holy Eucharist Rite I at Christ Church
9:15 a.m. Sunday School in the Parish House
10:30 a.m. Holy Eucharist Rite II at Kingston Chapel

Wednesday

12:00 p.m. Holy Eucharist each Wednesday
in the Meditation Chapel - Healing Services the first Wednesday of the month