

KINGSTON CRIER

JULY 2019

P. O. Box 471

Mathews, VA 23109

804-725-2175

kingstonparish@verizon.net

www.kpepiscopal.org

The Rector's Visions



One of the most spiritual and important places for me to visit on our recent pilgrimage to the Celtic Holy Land was St. Cuthbert's Island just a mucky walk away at low tide from Lindesfarne or Holy Island in the Northeast of England. St. Cuthbert (635-687) was Lindesfarne's bishop and abbot of the local monastery; he would go off to the little island to be alone and pray, to set aside the formidable responsibilities of his everyday work, and to rest in Sabbath peace. I think of this as I prepare to go on Sabbatical at the beginning of September. I wonder if Cuthbert worried about leaving behind his people to be alone the way I am worried about being separated from you all for three months. Like the little island, this time is not forever and will be done in the blink of an eye. And it will be important for you and for me to use that blink for good prayer and rest and whatever else God throws our way. I know you all will continue without me just fine. You will have a very special interim rector in the Rev. Jen Kimball. You have a good, strong vestry to help with the daily life of the parish. And you have an amazing and gifted senior warden in Valerie Lewis. Karen Jones, our parish administrator, will continue to anchor us all as she does when I am here. All shall be well and very well!

We have been blessed to receive a Lilly Grant for this Sabbatical which will allow me to travel away and will pay for Jen's priestly service and leadership for the three months I am gone. Jen will be here about half-time, offering the regular Sunday services, pastoral care as needed, and some time in the office. I, on the other hand, will be out of contact for the three months. Part of the requirement of the Lilly Grant – and basic good practice for a sabbatical – is to be out of the regular daily and pastoral loop of the congregation. After six plus years with you all, you are a big part of my family, and it will be a difficult spiritual discipline to be out of touch with you all for this time. Still, I know you all will take good care of each other and be in good care with the parish leadership.

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(The Rector's Visions continued from page 1)

The focus of the sabbatical time will be on Christian Friendship. I am not talking about a superficial coffee hour acquaintance, but deep true love and care for one another in the presence of Christ. It is strange at first glance that we will be centering ourselves on that idea by being separated. Yet part of what made Cuthbert a saint among his people even while he was still alive was his ability to separate from them for prayer and centering. He modelled that for his monks and the people of his diocese as Jesus had modelled it before him. And the people also lived their lives centered in the same prayer and peace. It will not be only my charge to go apart and rest and pray and center in God. It is also your charge during this Sabbatical. I will talk more about this in the weeks to come before we begin Sabbatical, but it is good to begin our work ahead of September. How are you in communion with your brothers and sisters in Christ? What does it mean to you to be grounded in the body of Christ? How do you live that out and how might you try something new with that as part of your Sabbatical journey? Perhaps that is as simple as taking some time the next time you have a social dinner with some of your church friends to say: "Let's talk for a minute about a special experience we have had at church or with God." Perhaps that is too mechanical and there is something else that would be meaningful. There will be a couple opportunities that Jen will offer in some form in the course of my time away. Perhaps those will give you direction.

I prepare for Sabbatical with about equal part excitement and trepidation. But my expectations are high. I expect God is working in us to do things we can hardly yet imagine. And when I return this coming Advent season, I expect that we will all be more deeply and truly friends in Christ and that grounding will make us better ministers of God's Grace and love.

God's Peace, Gary+

KNOTTED TO GOD: A Celtic Pilgrimage of Twelve

On May 12, 2019, twelve pilgrims from Kingston Parish and Abingdon Parish set out on a long-awaited and carefully planned Celtic pilgrimage. For twelve days our journey took us from the Island of Iona through Scotland and northern England to the Holy Isle of Lindisfarne. Gary Barker, rector at Kingston Parish, led us on our spiritual journey.

In preparation for our trip we gathered over dinner several times in the preceding months for prayer, discussion, and the opportunity to learn about the Saints we would encounter. One of the most meaningful assignments we had was for each of us to select a day of our journey and write a meditation or reflection for that day. Gary complied and included them in a special prayer book, *Knotted to God*, which we each were given to take on the trip. It was wonderful to read each morning the thoughts, expectations and prayers that were offered by fellow pilgrims.

We had the opportunity to worship intimately as a group and, whenever possible, we attended services at local churches and cathedrals. We interacted with local residents and culture as we encountered the Saints along our journey.

Some of us walked forever over the countryside, while others enjoyed the experience in quiet, shorter jaunts...each of us following in the footsteps of thousands of pilgrims before us.

We were blessed with beautiful weather, gorgeous flowers in full bloom and active birds both shore and garden variety. We saw otters playing in the sea and listened to the seals baying in play on Cuthbert's Island. We experienced beautiful sunrises and sunsets as we dipped our toes into the sea. There was so much beauty and wonder in such sacred places. It was truly an experience of a life time and we are thankful to God for giving us this opportunity!

Mary Chapman



School of Celtic Consciousness

John Philip Newell, the world renowned author and speaker, will bring his School of Celtic Consciousness to Grace Episcopal Church in Kilmarnock in October. Our parishioners who have enjoyed our Celtic Services at Kingston Parish and others who are interested in this ancient wisdom will have the opportunity to explore Celtic Christianity in this three-day workshop, October 29 – 31.

One of the foremost Christian spiritual leaders of the Western world, John Philip founded the Celtic School in 2016 and developed a three year curriculum through which participants will learn about the Celtic tradition in depth.

The school at Grace Church will offer Year I. Its focus is a study of Pelagius, St. Brigid, and Teilhard de Chardin. Sessions of prayer, meditation, lessons, silence and sharing will be a part of each day. The school is currently offered in eight different locations across the USA and Canada.

Registration for the event is now open and may be completed online at www.heartbeatjourney.org. Enrollment is limited. People interested in attending are encouraged to register soon.

A celebrated author, John Philip has written more than 15 books on Celtic Christianity, including *Christ of the Celts*, and his most recent publication, *the Rebirthing of God: Christianity's Struggle for new Beginnings*. An ordained Church of Scotland minister, John Philip was formerly Warden of Iona Abbey in the Western Isles of Scotland. A resident of Edinburgh, he leads international pilgrimages to Iona in addition to teaching on both sides of the Atlantic. He received the Contemplative Voices Award from the Shalem Institute in Washington DC in 2011 in recognition of his work in spirituality and peacemaking. He is the co-founder of *Heartbeat: A Journey Towards Earth's Wellbeing* (www.heartbeatjourney.org).

For more information about this event or John Philip, visit the Heartbeat website: www.heartbeatjourney.org or email Mary Chapman (mamiechapman@gmail.com) or Mary Ann Carr (macarr385@gmail.com).



The Children's Sunday School reenacts the Noah's Ark story.

Christ Church Altar Guild

Attention Altar Guild and flower arrangers. I have bought a tin of Brasso to polish the containers. The finish that was put on them to prevent water marks and tarnish did not work. I have polished all the containers to the best of my ability. (I'd fail inspection if in the services.) But they look so much better. Please make sure they are as polished as possible before or after use.

Also, it has been brought to my attention that some of the linens and other items used for services are either not being placed in the correct linen box or not put away.

Thanks, Mairi

Kingston Chapel Altar Guild

The Kingston Chapel Altar Guild met in June and reorganized. Four monthly teams will divide the duties between them. Men AND Women are invited to join—we have a few openings!

We will begin the rotation in July and make adjustments as we go. Thanks to our members: Richard and Suzy Jones, Shannon Kirschbaum, Beady and Lynn May, Janet Bullen, Pat Neiger, Nan Cross, Wendy Supper, Valerie Lewis, Marti Bowen, Lisa McCann and Frances Hudgins.

Frank and Donna Jemmison

Sunset Cruise

Last summer as part of Divine Dinners, Shannon Kirschbaum organized a sunset cruise on the Piankatank. The event was well received, so she has planned another for Friday, July 19th at 5:30 PM. This year she is working with G & G Charters in Deltaville. The cost is \$30 per person, and we need a minimum of twenty people—the boat can hold up to forty. Sign up sheets will be available at both services. We will share more details when we know more.

Red Cross Bloodmobile July 16th

Kingston Parish is co-sponsoring the July blood drive with Ebenezer Church. We are looking for volunteers for the following:

1. 18 dozen cookies (so far 3 dozen promised)
2. Two people to help with set up, 12-12:45 PM.
3. Two people to escort donors from bed to canteen: first shift 1:45-4:30 PM and second shift 4:30-7:30 PM.
4. Four people to help at canteen: two for first shift 1:45-4:30 PM and two people 4:30-7:30 PM.
5. Two people to help take down and clean up 7:30-8:30 PM

Please contact the office if you are willing to help (804)725-2175 or kingstonparish@verizon.net. Cookies can be made ahead of time and stored in freezer bags at the Parish House. *(Karen is always willing to sample these to ensure they are blood-drive-worthy.)*

Also, if you can give blood, show up between 2 and 7 PM on Tuesday, July 16th, at the Piankank Ruritan Club in Hudgins.

Preschool Graduation

Kingston Parish Preschool graduated five to elementary school on June 7th. We congratulate Lillie Anderson, Samantha Cross, Lyman Hayes, Camden Hutson and William Newsome for their achievements. They were celebrated by preschool board members and family following the graduation ceremony in the preschool room.

Path Assistance Offered

PATH, an organization that was started in 2017, helps senior citizens remain in their homes as long as they are able and willing by sharing small tasks and socializing. We meet monthly for educational, cultural or social events. Should one of our members need help with transportation or with a small home task, they can call the PATH coordinator who will arrange another member to complete that task. When applying for membership, each person indicates those tasks which they are willing and able to do for someone else. In this way, we help each other and also provide a social network.

Occasionally, a request will be outside of our member's ability to complete, but which does not warrant calling a compensated service provider. PATH is seeking volunteers from the community who might be able to provide these services. Examples might be changing an outside light bulb which requires the use of a tall ladder, moving heavy furniture, retrieving Christmas decorations from the attic. We would like to build up a listing of those "younger" folks who would be willing to help if called upon. These calls would only be for those things which the coordinator judges are outside of our members' safe ability to carry out.

If you wish to be added to this list, please call Debbie Lambert at 854-9221. You may leave a voice mail with your name and phone number and what you could help with. Thank you for your consideration. And if you are interested in becoming a PATH member call and I will get back to you.

Debbie Lambert



Vestry Notes from June 3, 2019

- Hunt Thompson and Danny Webster have joined the Endowment Committee.
- The Trinity Church renovation is progressing.
- Plans are being made for Shrine Mont weekend. The theme will be, "Teach us to pray."
- Our parish picnic this Sunday will be held at Mary Chapman's in Susan.
- The Scholarship Committee dispersed \$5,000 to four qualified MHS graduates.
- The preschool is losing Lily Poulson and will be looking for a new teaching assistant.
- Four applicants are interested in the choir director/organist position. Interviews will be conducted June 5 and 6.
- The Rev. Jen Kimball will serve as our interim rector September through November while Fr. Gary is on sabbatical.

Snack Packs

We will be doing our first Snack Pack packing of the 2019-2020 school year on Friday, August 23 at 9:30 AM in Kingston Chapel. We will be doing 250 packs, so help will be appreciated. This year, we are also providing daily snacks to those children at Thomas Hunter who come to school without a midday snack. This comes to about 300 individual snacks per week. Because of the generosity of Kingston Parish members and grants from the Community Foundation and Owens Foundation, we are able to do this. We hope to see you on the 23rd of August.

Debbie Lambert

Easter Lily Payments

We still have a few people who have yet to pay for their Easter Lilies. Please make payments so I can get my records in order. Checks made out to Kingston Parish with memo "CC EASTER lilies." Lilies were \$18 each. Thanks for your help with this.

Mairi Furniss

Thank You!

Dear Friends,

June 3, 2019

Thank you for the lovely "get well card" that you sent to me. I saw my spinal surgeon today and was told that because the two shots in my sacroiliac joints worked so well, I'll NOT be having any more surgery for now. I have degenerative disc disease and am blessed that I'm doing as well as I am at 78! I'm going to continue physical therapy. I've really gotten stronger and enjoy pulling the Theraband strips. It's strength training. I am most grateful for your thoughtfulness.

Love, Mary Ellen Stimson

Dear Kingston Parish,

May 10, 2019

Thank you very much for your gift to Avalon of \$680.25 on May 9th. (This was the offering from Easter Vigil.) We are very appreciative of this support! For 40 years Avalon has worked to end domestic and sexual violence. Each year we help more than 1,500 people in our community—more than half of those children.

Sincerely, Teresa Christin, Executive Director

To the Kingston Parish Scholarship Committee:

Thank you so much for selecting me to be a recipient for one of your generous scholarships. I will put forth my best effort knowing that I have all of your support.

Thanks! Sarah Brown

Dear Kingston Parish Scholarship Committee,

I cannot thank you enough for selecting me as the recipient of this scholarship. I truly feel honored and it will be put towards becoming a registered nurse at RCC.

Thank you again, Morgan Buchanan

Recognizing graduates Jon and Thomas Lewis and Alexa Husband



Parish Prayer List

Pray For Our Parishioners

Nina Allen for recent loss of husband Stuart (office)
 Mary Ann Carr for back pain (office)
 Chris French for pain and suffering (office)
 Paul Gibson for heart issues (by Jan Mohr)
 Peggy Hudgins for pulmonary fibrosis (office)
 Martha Anne King for cancer (by Mary Chapman)
 Martha Knight for stomach cancer (office)
 Linda Machen recovering from a fall (office)
 Mary Ellen Stimson for back pain (office)
 Will Story for congestive heart failure (by Pat Dickey)

Pray For Our Family and Friends

Don Altman for lung cancer (by Bill Leary)
 Traci Beck for thyroid cancer (by Marilyn Overstreet)
 JiRee Burrell (by Kathy Yent)
 Jamie Callis for lung tumors (by Signe Langschultz)
 Duncan Campbell for colon cancer (by Mary Kathryn Diggs)
 Peggy Carr for breast cancer (by Gay Butler)
 Larry Clerico for aggressive cancer (by Kathy Yent)
 Terry Dobson for brain surgery (by Lynn May)
 Nancy Donnelly (by Kathy Yent)
 Mary Doyle for hydrocephalus (by Valerie Lewis)
 Krystal Elms for stage 4 lung cancer (by Mairi Furniss)
 Glenda Flippin for ovarian cyst (by Jay Black)
 Walker Linden Ford for Sturge-Weber Syndrome (by Kathy Yent)
 Barbara Fumagalli for overall poor health (by Mary Kathryn Diggs)
 Taylor Wells Gearhart-for myaonic dystrophy (by Nina Guy)
 Doris Gibson for complications from shingles (by Paul Gibson)
 Kendell Gleason for ALS (by Jim Husband)
 Pat Graveline for colon/liver cancer (by Joe Mereness and Richard Scott)
 Janet Griffin for cancer (by Valerie Lewis)
 Suzanne West Guy for Parkinsons (by Nina Guy)
 David Hawkins for complications from diabetes (by Rosemary Eaton)
 Linda Hawkins for mass on spine (by Rosemary Eaton)
 Ken Heckle for a blockage (by Kathy Yent)
 Ron Hoover for cancer (by Lisa White)
 Susan Kensey (by Shannon Kirschbaum)
 Georg Kidd for a neuro-muscular disease (by Kathy Yent)
 Lori Kincade for blood cancer (by Shannon Kirschbaum)
 Terry King (by Mary Ann Carr)
 Andrea Krause for breast cancer (by Gay Pfister)
 Brian Lucy for a blood disorder (by Kathy Yent)
 Melissa McCarter for Parkinson's (by Eleanor Woollard)
 Margaret Minuth for knee replacement (by Anita Minuth)
 Linda Monk for metastatic lung cancer (by Kathy Yent)
 Jack Mullen for lung cancer (by Bill Mullen)
 Kathy Nelson for pulmonary fibrosis (by Kathy Yent)
 Bob Oberman for cancer (by Betty Salley)
 Betsy Paul (by Valerie Lewis)
 Elizabeth Perkins for brain tumor (by Pat Elliot)
 Deborah Phillips+ for Crohn's Disease (by Betty Salley)
 Stefanie Powers (by Lisa McCann)

July Birthdays

Jimmy Eaton	1
Joan Hammond	3
Sterling Ransone, Jr.	7
Jay Black	10
Joe Bridgforth	10
Sally Bridgforth	12
Cheryl Lamport	15
Bob Lewis	15
Carl Aschman	20
Hank Furniss	20
Jesse Lockaby	20
Mae Montague	20
Nina Guy	22
Jo Ann Hunley	23
Kathy Mallory	23
Tom Bowen	24
Charlie Carter	25
Rosemary Eaton	27
Lynn May	28
Danny Webster	29
John Deputy	30

Serving in the Military or Diplomatic Corps

Jody Bridgforth
 Colin Bucknor
 BJ Cavazos
 Yvette Gaither
 Joe Kraynak
 Megan Kraynak
 Hib McNeilly
 Joey Plotino
 Jennifer Schmidt
 Zach Schmidt
 George Truscott
 William Truscott
 Nicholas Webster

Norris Richardson for Parkinsons (by the Warrens)
 Erin Robertson for AA neuropathy (Warrens)
 Mark Robins for brain cancer (by Tom Ingram)
 Gary Wayne Sadler (by Josie Thorpe)
 Ginger Shackelford for Hodgkins lymphoma (K. Yent)
 Raymond Shackelford gall bladder surgery (Nan Cross)
 Rosie Small for cervical/uterine cancer (by Gay Pfister)
 Scott Thompson (by Jan Mohr)
 Marsha Threlkeld for breast cancer (by Deb Lambert)
 Joe Tomlinson (by Josie Thorpe)
 Harry Ward for brain tumor (by Jay Black)
 Jennie Whittle for return of cancer (by Mary Chapman)
 Catherine Worley for breast cancer (by Gay Butler)

Sun Mon Tue Wed Thu Fri Sat



1 8 am Counters-L	2 1 pm Monday Class-KC	3 7 pm Tuesday Class-KC	3 12 pm Healing/HE-MC	6 GOD BLESS AMERICA	6 Private Dinner at Parish House
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7 4 Pentecost 9 8 am HE I-CC 10:30 HE II-KC	8 8 am Counters-L 1 pm Monday Class-KC	9 3 pm Preschool Board Mtg-L 7 pm Tuesday Class-KC	10 12 pm Healing/HE-MC	11 7 pm AA-PH	13 13
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14 5 Pentecost 10 8 am HE I-CC 10:30 HE II-KC	15 8 am Counters-L 9:30 am Lay Visitors-L 1 pm Monday Class-SS	16 2-7 pm Red Cross Blood Drive at Plankatank Ruritan Club	17 12 pm Healing/HE-MC	18 5:30 pm Sunset Cruise in Deltaville	20 Private Dinner at Parish House
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21 6 Pentecost 11 8 am HE I-CC 10:30 HE II-KC	22 8 am Counters-L 1 pm Monday Class-KC	23 7 pm Tuesday Class-KC	24 1 pm Fr. Gary leads prayer for Mathews Board of Supervisors Mtg. 7 pm Tuesday Class-KC	25 12 pm Healing/HE-MC	26 27 Shrine Mont Weekend July 26-28
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28 7 Pentecost 12 8 am HE I-CC 10:30 HE II-KC Scott Krejci+, Supply	29 8 am Counters-L 1 pm Monday Class-KC	30 7 pm Tuesday Class-KC	31 12 pm Healing/HE-MC	<p>JULY</p>	
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Address Service Requested

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**In The Diocese of Virginia and
the Middle Peninsula Region**

The Rt. Rev. Susan E. Goff, Bishop Suffragan
The Rt. Rev. Robert Ihloff, Bishop Associate

The Very Rev Gary Barker, Rector

Phone: 757-371-9382 Email: barkergaryj@gmail.com

THE VESTRY

Senior Warden	Valerie Lewis
Junior Warden	Hunt Thompson
Christian Formation	Marti Bowen
Communications	Rachel Morris
Fellowship	Shannon Kirschbaum
Hospitality	Jackie Ingram
Outreach	Mary Kathryn Diggs
Preschool Liaison	Jan Mohr
Worship and Spirituality	Ray Stubblebine
Treasurer	Tom Reed
Recorder	Carol Swartz

TRUSTEES

Vicki L. Carter Timothy W. Hudgins John Machen, Sr.

DIOCESAN COUNCIL & REGION II

Reed Lawson, Lay Delegate
Mary Chapman, Alternate

STAFF

Lois Trowbridge	Organist
Karen Jones	Parish Secretary
Vicki Carter	Bookkeeper

KINGSTON PARISH PRESCHOOL

725-3211

Rachel Musick Preschool Director

WORSHIP SCHEDULE

Sunday

8:00 a.m. Holy Eucharist Rite I at Christ Church
9:15 a.m. Sunday School in the Parish House
10:30 a.m. Holy Eucharist Rite II at Kingston Chapel

Wednesday

12:00 p.m. The Holy Eucharist with Healing each
Wednesday in the Meditation Chapel